



PRESS RELEASE

29.08.2025 – PAN INDIA

LIC Celebrates National Sports Day–29th August, 2025

LIC is celebrating National Sports Day to commemorate the birth anniversary of Hockey Legend Major Dhyan Chand from 29th August to 31st August, 2025. During this period various LIC offices across the country will host indoor and outdoor sports activities to encourage employees to incorporate physical fitness into their daily routines.

As part of the celebrations, all LIC employees will take the FIT India Fitness Pledge on 29th August, 2025.

In Mumbai, LIC will also organise Fit India Walkathon on 30.08.2025 to promote the importance of a physically active and healthy lifestyle.

Dated at–Mumbai on 29th August, 2025.

For Further Information please contact: Executive Director (CC) LIC of India, Central Office, Mumbai. Email id: ed_cc@licindia.com Visit us at www.licindia.in

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